



Biomechanics of Sports

Biomechanical Terms and Concepts

Newton's Law of Reaction

April 24, 2020



Lesson: April 24, 2020

Objective/Learning Target: Identify and apply the concepts of Newton's Law of Reaction.



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Instructions: Watch the video and then answer the follow-up questions.



NEWTON'S THIRD LAW OF MOTION





Questions

1. Give an example of Newton's 3rd law of Reaction.
2. Why is it important to understand Newton's 3rd Law when analyzing human movement?



Email your discussion questions to the following instructors:

jay_kolster@idschools.org

Tyler_rathke@idschools.org

Marcus_Summers@idschools.org